

No need to retire
your blender.
But perhaps
semi-retirement?



Just add water, shake & go!

Vega Shake & Go Smoothie



The all-natural, plant-based whole food goodness you expect from Vega — rich in protein, greens, Omega 3, and probiotics — but unlike traditional smoothies, you only need water to shake and go. The four mouth-watering flavours of blended tropical fruits, chocolate, vanilla almond, and berries will make you forget how healthy it is. Or how easy it was to make.

PER SERVING:

- ✓ 2500 mg Omega-3-6-9
- ✓ 11 g of complete protein
- ✓ 120 calories and under
- ✓ 1 billion probiotic cultures



Made from all-natural, plant-based ingredients

Organic green pea protein, organic coconut palm nectar, flaxseed, hemp protein, organic sprouted brown rice protein, organic green food blend (alfalfa grass, organic kale leaf, organic spinach leaf, organic broccoli sprout, spirulina), natural flavours, xanthan gum, beet powder, digestive enzyme blend, citric acid, malic acid and dairy-free probiotic blend (*L. acidophilus*, *B. bifidum*).

Clean and green

Shake & Go Smoothie is free of artificial sweeteners and common allergens including corn, dairy, egg, gluten, maltodextrin, soy, wheat and yeast

Alkaline-forming and easy to digest

Only 6 grams sugar per serving which makes it the ideal beverage for the whole family!



Formulated by **Brendan Brazier**, vegan, professional Ironman triathlete and bestselling author on performance nutrition

myvega.com

1.866.839.8863

sequel